



# NOVEMBER 2021

**Golf Shop Hours:**  
Tuesday-Sunday  
7 a.m. 6 p.m.

**Main Phone:**  
843-884-8571

**Tee Times:**  
843-884-8571 ext 3  
843-884-2600

**Tennis:**  
843-884-8571 ext 4

**NEW KITCHEN HOURS**  
Tues: 11am - 4pm  
Wed: 11am - 4pm  
Thurs: 11am - 9pm  
Fri: 11am - 9pm  
Sat: 11am - 8pm  
Sun: 11am - 8pm

**Grill:**  
843-884-8571 ext 5

**Membership:**  
843-884-8571 ext 6

**Special Events RSVP:**  
843-884-8571 ext 0

**Relish Catering:**  
843-849-2412

**Club Website:**  
sneefarmcc.com

**COME OUT AND DECORATE YOUR OWN**

**GINGERBREAD HOUSE**

*Snee Farm's Second annual  
Gingerbread House Workshop*

*November 30th & December 1st  
5 to 6 PM  
\$20  
Ages 5 and up*

*includes gingerbread house to decorate and take home,  
hot cocoa with marshmallows and a candy cane*

*Limited Seating*

*Reservations are required  
Please RSVP by Nov 19th  
843-884-8571 ext 0  
Tammy.Benefield@sneefarmcc.com*

**Snee Farm Country Club**

**Fall Oyster Roast**

**Sat. November 20th  
5pm**

Feat. MUSIC by E2 and the Feel

\$29.95++ Adults  
\$9.95++ Child (under 12)  
under 3 free

ALL YOU WISH TO EAT  
**OYSTERS - HOT DOGS - CHILI**  
Happy Hour Bar

**S'MORE Kits will be Available for Purchase! \$2.00**

Please RSVP by Sunday November 14th  
24 Hour Cancellation Policy  
843-884-8571 ext 0 / Tammy.Benefield@sneefarmcc.com



## Pro's Corner

Written by Pete Dunham, PGA Professional, Director of Golf.  
[pete@athleticgolf.net](mailto:pete@athleticgolf.net)

### The 'E' word

If you are over 40 years old there's a chance.... Just a chance that some of your body parts may be 'breaking down' a little. Nagging aches and pains? Tightness? Elbow pain? Knee pain? Hip pain? Some or all of the above?

Most would think that this is normal and just part of life. I don't believe it has to be, or at least one can improve upon this dramatically! Yup, I'm going to recommend EXERCISE. But more specifically, training that will improve your golf!!!

I've seen dramatic changes in my game and the games of a few other 'old dudes' like me in a relatively short period of time. From pain to no pain. It's incredibly liberating to feel good over the golf ball and swing freely and fully! It takes some work (working out to be specific), but the reward is absolutely worth it!

If you are on a program- great! I hope it's golf specific. If not- give it some thought. At any age, some consistent and systematic EXERCISE can really help you improve your game. I'm a believer.

Now GO PLAY GOLF! Stop THINKING golf swing!!!

Want to get fit? Here's my guy:  
[Personal Performance](#)

Want to improve your game more?  
Contact one of our pros at The Farm!

Terese Dynjan 843-801-4101 [Terese.dynjan@pga.com](mailto:Terese.dynjan@pga.com)  
Jon Watkins [jhwatkin@coastal.edu](mailto:jhwatkin@coastal.edu)  
Matt Caponigro [mattcaponigro@gmail.com](mailto:mattcaponigro@gmail.com)

## Snee Farm's 2021 MGA Tournament Schedule

**November 13th- MGA Chapman  
Alternate Shot**

**December 4th – Year-End**

## SNEE FARM LGA



The annual Sweetgrass cup between SFCC 18 Hole LGA and RTCC LGA was played on 23 September. Our SFCC LGA successfully defended the title and kept the cup! Conditions were tough as the course was wet, but we hung in there to edge out Rivertowne by an 8 point difference.

Congratulations!

### The Big Break

Our final event of the year will take place on 9 December at 2:00. Please be sure to add your name to the sign up sheet posted on the LGA board

### SFCC Ladies Nine Holers Group

We will be having a lunch/meeting after golf on Wednesday November 10th in the Grille.

All former members are invited.

Any SF golf member wishing to play nine holes can just "show up" Wednesday mornings by 8:40

on  
Please call:  
**Carol Pierce 843-364-7788**  
for information.





November greetings from the Snee Farm Country Club Pools—

All is calm and quiet on the pool decks as the holiday season approaches. To our young people interested in working as lifeguards: the holiday breaks are an excellent time to take your lifeguard certification or re-certification classes.

Look ahead and prepare for next season whether it's at SFCC or at another local pool or beach. Visit [<http://www.redcross.org>,] [www.redcross.org](http://www.redcross.org), the North Charleston Aquatic Center website, or the MPRD site for class info.

Wishing you all well especially throughout this time of year!

—the SFCC Pool Staff

**Pools are closed every Monday for maintenance.**

**\*PLEASE BE REMINDED THAT WHEN NO LIFEGUARDS ARE PRESENT,  
SWIMMING IS AT YOUR OWN RISK**

# NOVEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 9 Hole Ladies 9:04	4 Ladies Weekly 9:28	5	6
7	8	9	10 9 Hole Ladies 9:04 Lunch Meeting after	11 Ladies Weekly 9:28	12	13 MGA Chapman Alternate Shot
14	15	16	17 9 Hole Ladies 9:04	18 Ladies Weekly 9:28	19	20 Oyster Roast/w E2 & the Feel
21	22	23	24 9 Hole Ladies 9:04	25 Thanksgiving	26	27
28	29	30 Gingerbread House Class	1 Gingerbread House Class			